# Welcome Back!

Briefing Slides for Release of 2023 N-Level Results



## Dear students,

You have worked hard to reach this stage. Let's celebrate your efforts!

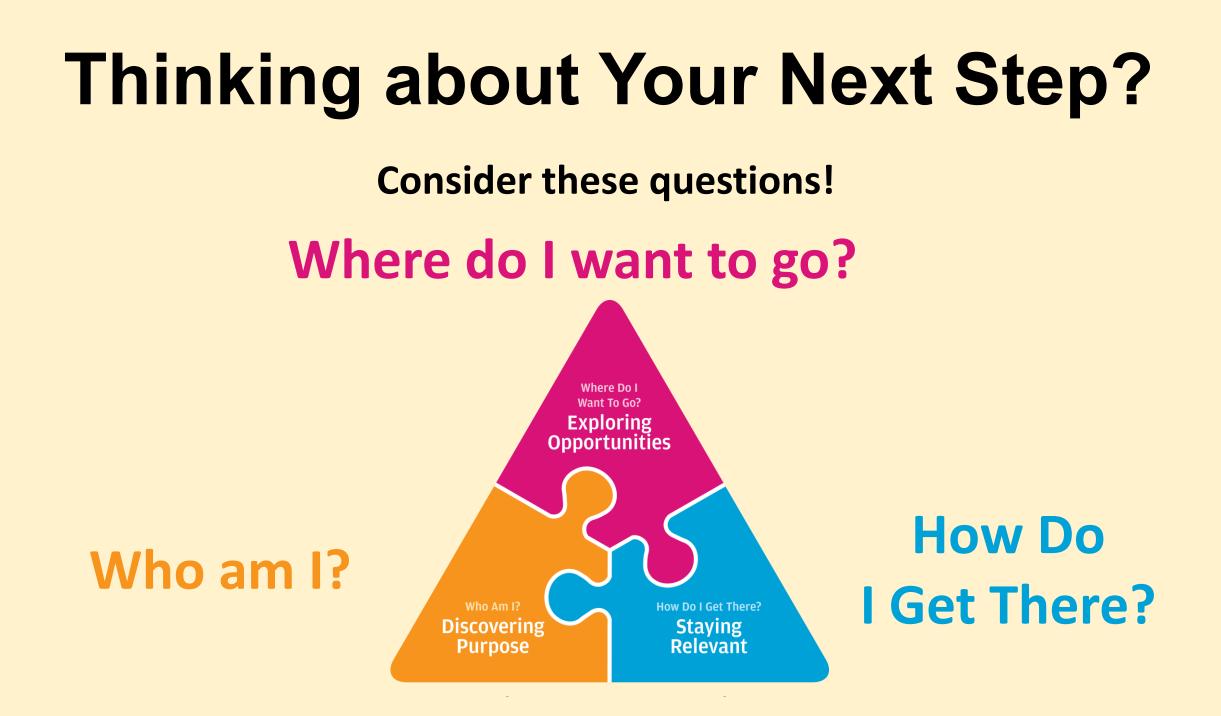


Finally, we are going to get our results!

Dr

# Remember that while everyone's educational journey is different, we can each have a fulfilling outcome!





### About MySkillsFuture

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices. Use the information and tool to explore various education and career pathways, and take charge of your futur

### **MySkillsFuture Student Portal**

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices.

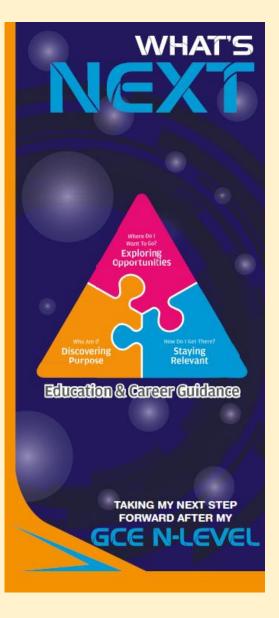
Use the information and tools to explore various education and career pathways and take charge of your future.

Where can we find more information?



https://go.gov.sg/mySFsec







https://go.gov.sg/whats-next-nleve

### https://go.gov.sg/whats-next-nlevel

### **Post-Secondary Education**

Learn more about the admissions exercises and

programmes

Learn more about the post-secondary education institutions



https://moe.gov.sg/post- secondary/admissions



https://moe.gov.sg/post-secondary/overview

Explore different jobs and industries with <u>On My Way</u> (OMW). Find out if your career goal and educational pathway match your interests, values and ambitions. <u>https://www.nyc.gov.sg/omw/home</u>



KNOW IT ALL provides consolidated information about different jobs and industries - key responsibilities, skills, career paths and more!



A Day in the Life of a Food Technologist

#### DAY IN THE LIFE

takes you into the lives of different professionals and give you a glimpse of their jobs and what it entails through the medium of videos.





#### TASTER PROGRAMMES

are micro-experiences of different job roles that allow you to get a taste of working life and help you decide what to study to achieve your career aspirations!



# **Concerned about your next steps?**

• Calm yourself down. Take a few deep breaths.

# Think

Stop

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the N-Level is one part of your life journey and not the destination.

Do

- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision and take action based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

# Reaching out for help is a sign of strength, not weakness.

If you have any questions about your options or are not coping well, do reach out to someone you trust and speak with them. It could be a parent/guardian, teacher, ECG Counsellor, School Counsellor or a friend that you can talk to.



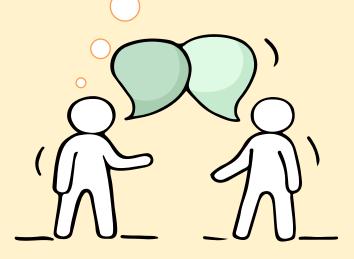
## Support is readily available for you.

### **Reach out to an ECG Counsellor!**

Who can we go to for ECG advice?

Make an appointment to speak with your ECG Counsellor in school.

### OR



Make an ECG counselling appointment via the ECG Centre @ MOE (Grange Road) at https://go.gov.sg/moe-ecg-centre



Keep a lookout for some of these signs in your peers or in yourself

> How can we support one another?

Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends, have a chat with your school counsellor or teacher Or contact SOS 24-hour hotline at **1-767** or **1800-221-4444** 



S

R

E

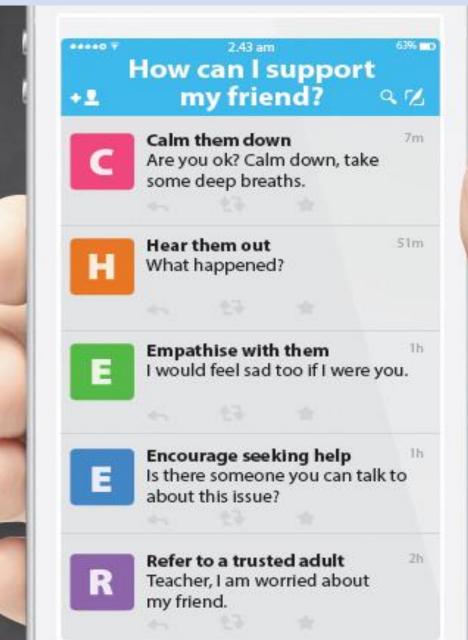
S

# Supporting Your Friend

We may each experience different emotions upon receiving the results. You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



Keep a lookout for your friends in distress. You can support them in the following ways:



### Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms. Scan the QR code below for a helpful

resource.



 SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.
Call: 1767 Whatsapp: 9151 1767 (24-hour helpline) (24-hour Care Text)

#### **Community Health Assessment Team**

**(CHAT)** provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: CHAT Hub at \*SCAPE, #05-05 Call: 6493 6500/ 6501 Email: CHAT@mentalhealth.sg

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and wellbeing. Find out more at: www.mindline.sg



**TOUCHline** is a helpline to provide youths with emotional support and practical advice.

Call: 1800-377 2252

Monday- Friday (Excluding Public Holidays): 9am – 6pm

**Carey** is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: https://carey.carecorner.org.sg/

**eC2** is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at:

www.ec2.sg Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

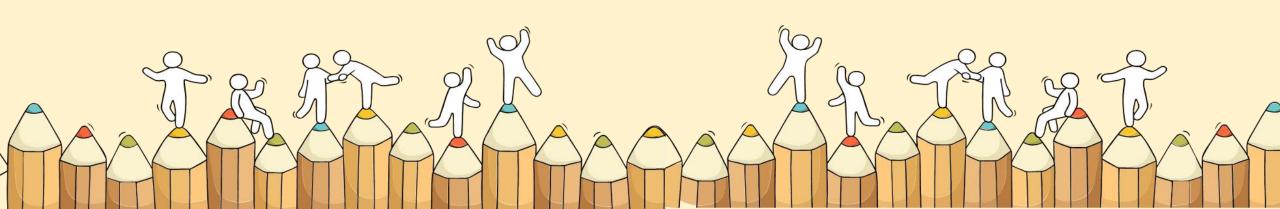


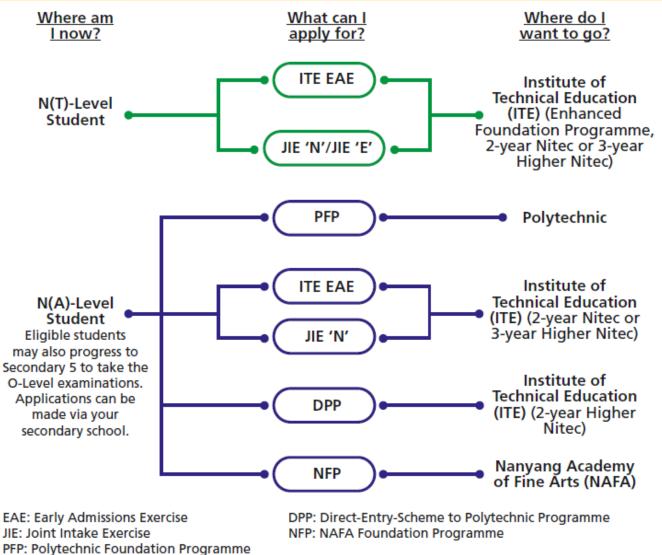
The N-Level examination is not the destination.

It is part of your education journey.

# **Admissions Exercises**

### Things to note







#### https://www.moe.gov.sg/post-secondary/admissions

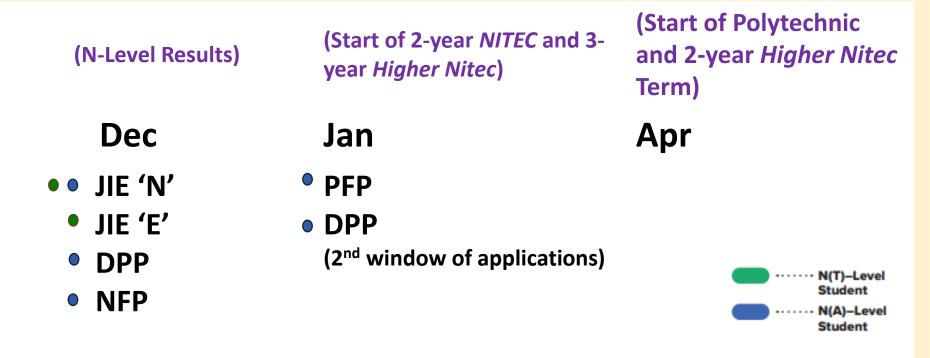
For more information on applying to these courses, you can visit https://ite.edu.sg/admissions/traineeship

For the list of 3-year Higher Nitec courses, please visit https://www.ite.edu.sg/courses/full-timecourses/nitec-and-3-year-higher-nitec

Selected Nitec and Higher Nitec courses are available in traineeship mode.

#### Source: A Guide to Post-Secondary Admissions Exercises

### **Admissions Exercises Application Timeline**



# **Details of Admissions Exercises**

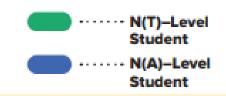
#### JIE 'N'/JIE 'E' – Joint Intake Exercise

The JIE 'N' is for 2-year *Nitec* or 3-year *Higher Nitec* courses offered by ITE.

The JIE 'E' is for GCE N(T) students to apply for the 3-year *Nitec* course with Enhanced *Nitec* Foundation Programme.



go.gov.sg/applyjie



# **Details of Admissions Exercises**

#### PFP – Polytechnic Foundation Programme

PFP is a one-year programme that offers a practice-oriented curriculum taught by polytechnic lecturers to better prepare polytechnic-bound Secondary 4 N(A) students for entry into selected polytechnic diploma courses. PFP students are given provisional places in diploma programmes, subject to them passing all modules in the one-year programme.



#### DPP – Direct-Entry-Scheme to Polytechnic Programme

DPP allows Secondary 4N(A) students to be admitted directly into selected 2-year *Higher Nitec* programmes at ITE without having to sit for the O-Level examinations or undergo a *Nitec* programme. DPP students who successfully complete their *Higher Nitec* courses at ITE and attain the required qualifying Grade Point Average (GPA) scores are guaranteed a place in a polytechnic diploma course mapped to their *Higher Nitec* course.



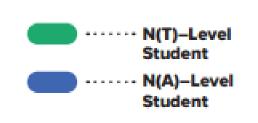
go.gov.sg/applydpp

#### NFP – NAFA Foundation Programme

NFP is a one-year practice-based programme that prepares N(A)-Level holders to pursue a diploma in the creative arts. NFP students who successfully complete the programme will be offered a place in their chosen diploma course at NAFA.



#### go.gov.sg/nafa-applynow





### Ministry of Education SINGAPORE